

# Strabismus Surgery Post-operative Care & Advice



Singapore National  
Eye Centre

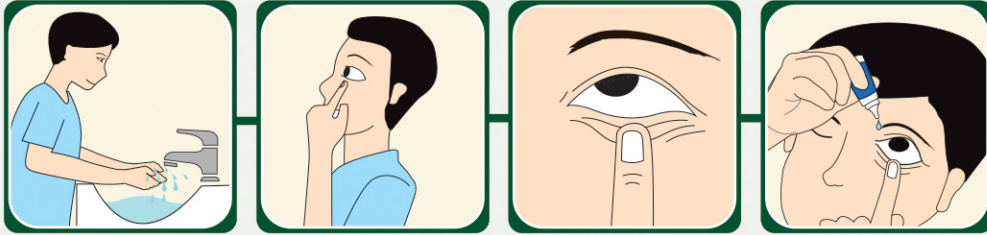
SingHealth

www.snec.com.sg

## DO's

**1** Use all medications as prescribed.

For eye drops, allow interval of 5 minutes between eye drops



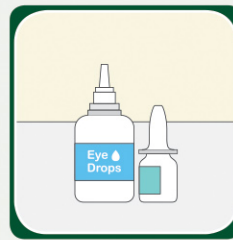
**2** Perform eye cleaning for 2 weeks. Clean operated eye gently with sterile saline solution and cotton balls



**3** Shower / bathe but avoid water entering eye



**4** Bring all medications for follow-up visit



**5** Bring your glasses (far and near) for all appointments



# DON'Ts

**1 Don't cut or dye hair (1-2 weeks)**



**2 No contact lens until instructions given by doctor**



**3 Don't apply make-up (8 weeks)**



**4 Avoid swimming (6 weeks)**



**5 No strenuous exercise (1 month)**



**6 Avoid crowded or dusty malls**



## IMPORTANT INFORMATION:

- Should you experience or notice any of the following symptoms, please seek medical attention immediately:
  - Pain that is not relieved by medication
  - Severe swelling of the eye
  - Excessive eye discharge
  - Any sudden loss of vision
- You may contact SNEC for assistance at the following numbers:
  - During office hours at 6227 7266 (Appointments)
  - After office hours at 6532 4865 (Answering Service)

For urgent consultation after office hours, Sundays and Public Holidays, please proceed to Singapore General Hospital Accident and Emergency Department (SGH A&E), which is located at Block 1.

### Singapore National Eye Centre

11 Third Hospital Avenue, Singapore 168751

Appointments: (65) 6227 7266 Email: [appointments@sneec.com.sg](mailto:appointments@sneec.com.sg) Website: [www.sneec.com.sg](http://www.sneec.com.sg)