

Location Map



Singapore National
Eye Centre
SingHealth



PRE-OPERATIVE FASTING INSTRUCTIONS (FOR CHILDREN)



This patient information leaflet is a general guide to help patients understand specific eye conditions, treatment or tests. The information does not replace the need for individual advice from an ophthalmologist. Please consult your ophthalmologist regarding your specific eye condition and/or concerns.

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Information correct at date of print (May 2023)
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Pre-Operative Fasting Instructions (For Children)

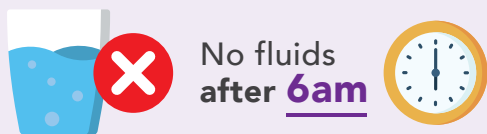
Preparing your Child for a Procedure

Your child is required to fast for a specific period of time before surgery. It is very important to strictly follow the eating and drinking guidelines to prevent your child's operation from being delayed or cancelled. To decrease the risk of complications associated with vomiting, your child's stomach must be empty before surgery.

Morning Surgery (Local & General Anaesthesia)

Afternoon Surgery (Local & General Anaesthesia)

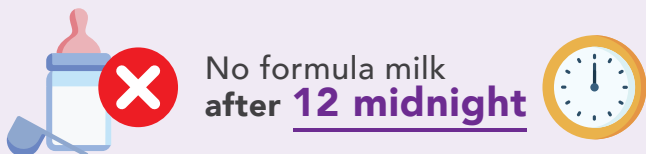
CLEAR FLUIDS*



SOLID FOOD**



MILK FEED (FORMULA)



MILK FEED (BREASTFEED)



*CLEAR FLUIDS

Examples: Water, Glucose, Clear fruit juice
(e.g. pulp-free apple or orange juice)

**SOLID FOOD

Light meal serving includes:
1 slice of white bread or 2 pieces of biscuits